

Confirmation Study Guide

1. **What is a sacrament?**

A sacrament is an outward sign made by Christ to give grace.

2. **What is actual grace?**

Actual grace is the strength that God gives us to act according to his will.

3. **What is sanctifying grace?**

Sanctifying grace is a state in which God allows us to share in his life and love. When we speak of being in the state of grace, we mean the state of sanctifying grace. There is no mortal sin in us. This grace comes to us first in baptism and then in the other sacraments.

4. **Name the seven sacraments.**

Baptism, Reconciliation, Holy Eucharist, Confirmation, Holy Matrimony, Holy Orders, Anointing of the sick

5. **What sacrament do you want to receive?**

the sacrament of Confirmation

6. **What is the sacrament of Confirmation?**

Confirmation is the sacrament that makes us more perfect Christians and witnesses of Christ by the gifts of the Holy Spirit.

7. **Name the 7 gifts of the Holy Spirit.**

The seven gifts of the Holy Spirit are; Wisdom, Understanding, Knowledge, Courage or Fortitude, Right judgment or Council, Reverence or Piety, Wonder and Awe or Fear of the Lord.

8. **Name the 12 Fruits of the Holy Spirit.**

Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Modesty, Chastity, Gentleness, Generosity, and Self-control

9. **What are the acts committed against the Fruits of the Holy Spirit?**

immorality, impurity, shamelessness, idol worship, magic, hatred, jealousy, violence, anger, greed, division, discord, factioning, envy, drunkenness, and orgy

10. **What does the Holy Spirit do for you in the sacrament of Confirmation?**

The Holy Spirit strengthens you so you can lead a holy and apostolic life.

11. **What are the 6 sins against the Holy Spirit?**

1. Presumption 2. Despair 3. Resisting the known truth 4. Envy of another's spiritual good 5. Obstinacy in sin 6. Final impenitence

12. Are you assured of going to heaven when you are Confirmed?

No, not if you die in the state of mortal sin.

13. When do we promise that we will never give up the practice of Catholic faith?

At our Baptism and Confirmation

14. Is there only one God?

Yes, there is only one God, who exists as three equal and distinct Persons. We call these persons the Holy Trinity.

15. How many persons are there in God?

There are three Persons in God.

16. What are the three Persons of the Holy Trinity called?

The three Persons of the Holy Trinity are called the Father, the Son, and the Holy Spirit.

17. Is each person of the Holy Trinity God?

Yes, each Person of the Holy Trinity is God.

18. Who is the First Person of the Holy Trinity?

The First Person of the Holy Trinity is God the Father.

19. Who is the Second Person of the Holy Trinity?

The Second Person of the Holy Trinity is God the Son.

20. Who is the Third Person of the Holy Trinity?

The Third Person of the Holy Trinity is God the Holy Spirit.

21. Are the three Divine Persons equal, or is one greater than the others?

The three Divine Persons, since they are only one God, are equal in every respect and possess equally and in common every perfection and every action.

22. Which Person of the Holy Trinity became man?

The Second Person, God the Son, became man without giving up His divine nature.

23. When the Son of God, Jesus, became man did He have a human mother?

Yes

24. Who is the Mother of Jesus?

The Blessed Virgin Mary

25. Do we worship Mary?

No, but we honor Mary because she was chosen to be the Mother of God, she was "full of grace," free from the stain of original sin from the moment of her existence. In order to hold the Divine inside of her, she needed to be worthy of that, which is why she carried the effects of the Resurrection even though it had not yet occurred.

26. Was St. Joseph the father of Jesus?

St. Joseph was not the true father of Jesus, but was his foster father.

27. Who was Jesus' real father?

God the Father

28. What name was given to the second Person of the Trinity when He became man?

Jesus

29. When do we celebrate the birth of Jesus?

We celebrate His birth on Christmas, Dec. 25th

30. Is Jesus Christ God and man?

Yes, Jesus Christ is true God and true man.

31. How did the Son of God become man?

The Son of God became man by taking a human body and soul in the pure womb of the Virgin Mary, by the work of the Holy Spirit. This is called the Incarnation.

32. Are there two natures in Jesus Christ?

Yes, there are two natures in Jesus Christ: divine nature and human nature.

33. With the two natures in Jesus Christ, are there also two persons?

With the two natures in Jesus Christ, there are not two persons, but only one: the Divine Person of the Son of God.

34. What is meant by the Redemption?

That Jesus, by becoming man and dying for us on the cross and rising from the dead, paid the price for our sins, opened the gates of heaven, and freed us from the slavery of sin and death.

35. What is original sin?

Original sin for us is the lack of grace with which we are born with. It is a result of the sin of our first parents, Adam and Eve. It is not a sin we ourselves commit.

36. How is original sin taken away?

Original sin is taken away by receiving the Sacrament of Baptism.

37. What did the sacrament of Baptism do for you?

Through Baptism, Jesus cleanses us of all sin. We are born again as a child of God and become a member of the Church.

38. How many times can you receive Baptism?

Once.

39. Once you are Baptized, does that mean for sure that you will go to heaven?

No, not if you die in a state of unrepented mortal sin.

40. How many kinds of sin are there?

There are two kinds: mortal and venial

41. What is mortal sin?

Mortal sin is an act of disobedience to the law of God in a serious matter, done with full knowledge and deliberate consent.

42. What three things are necessary to commit a mortal sin?

1.) You must disobey God in a serious matter 2.) You must know that it is wrong at the time you do it. 3.) You must do it on purpose and freely without being forced into it.

43. What happens to you if you die in a state of mortal sin without repentance?

You go to hell.

44. How can a mortal sin be forgiven?

A mortal sin can be forgiven through the sacrament of Penance (Reconciliation)

45. If you have committed mortal sin, what should you do before receiving Confirmation? You should make a good confession.

46. What is venial sin?

Venial sin is an act of disobedience to the Law of God in a lesser matter or in a matter in itself serious, but done without full knowledge and consent.

47. What happens if you die with venial sin on your soul?

You go to purgatory

48. What is Purgatory?

Purgatory is a "purification, so as to achieve the holiness necessary to enter the joy of heaven," which is experienced by those "who die in God's grace and friendship, but still imperfectly purified" (CCC 1030). "This final purification of the elect . . . is entirely different from the punishment of the damned" (CCC 1031). In other words, it's a state of being where the soul is cleansed and purified so as to be worthy of being in God's eternal presence.

49. What happens to the souls in Purgatory after their time of purification?

They go to heaven.

50. Can any sin, no matter how serious or how many times it is committed, be forgiven?

Yes, any sin, no matter how serious or how many times it is committed can be forgiven.

51. What three things must you do in order to receive forgiveness of sin in the Sacrament of Reconciliation?

1.) Confess all sins committed since last confession 2.) You must be truly sorry for your sins 3.) You must resolve to try to amend your life.

52. Does a person in Hell ever get out?

No, Hell (like Heaven) is forever

53. Who has power to forgive sins?

A Catholic priest, by the power of the Holy Spirit.

54. When did Jesus give us the Eucharist?

Jesus gave us the Sacrament of the Eucharist at the Last Supper.

55. At the Last Supper what did Jesus do with the bread and wine?

At the Last Supper, Jesus changed the bread and wine into His Body and Blood.

56. What happens at the Sacrifice of the Mass?

The bread and wine are changed into the Body, Blood, Soul and Divinity of Jesus when the priest repeats the words of Consecration spoken at the Last Supper. In this way the sacrifice on the cross that Jesus offered on Calvary is made present again so that we can join in offering it to the Father and receive its benefits.

57. Where in the Church building is God present in a special way?

God is present in a special way in the Tabernacle, under the appearance of bread.

58. Why can a priest change the bread and wine into the Body and Blood of Christ?

Jesus gave this power to His Apostles and they gave it to the bishops and priests who came after them.

59. How can a priest change the bread and wine into the Body and Blood of Christ?

When a man becomes a priest, he receives the power from Jesus to change the bread and wine into the Body and Blood of Jesus. Jesus first gave the power to His disciples when he said at the Last Supper, "Do this in memory of Me."

60. What is sacrilege?

Sacrilege consists in profaning or treating unworthily the sacraments and other liturgical actions, as well as person, things, or places consecrated to God. (CCC 2120)

61. On what day do we honor Jesus' death on the Cross?

We honor Jesus' death on the Cross on Good Friday.

62. On what day did Jesus rise from the dead?

Jesus rose from the dead on Easter Sunday.

63. Where do we find the Church of Jesus Christ?

The Church of Jesus Christ continues to exist in the Catholic Church because she alone is one, Holy, catholic, and apostolic, as Jesus himself willed her to be.

64. Why is the Church one?

The Church is one because all of her members have the same faith and the same sacraments. She is one because her source is the unity of the Blessed Trinity, her founder is Jesus Christ, and her soul is the Holy Spirit.

65. Why is the Church holy?

The Church is holy because Jesus Christ, her invisible head, gave himself up for his bride, the Church, and endowed her with the Holy Spirit who gives her life and sanctifies her members, making them holy and into the Mystical Body of Christ.

66. Why is the Church catholic?

The Church is catholic, that is, universal, because she was instituted for all men, is suitable for all men, and has been extended over the whole world.

67. Why is the Church apostolic?

The Church is apostolic because she has been founded upon the apostles and on their preaching, and because she is governed by their successors, the bishops, who continue to transmit both doctrine and power without interruption or change.

68. What was Pentecost?

Pentecost was the holy event of the descent of the Holy Spirit upon the apostles, ten days after the Ascension and fifty days after Easter. Pentecost is the „birthday of the Church.”

69. Did Jesus give special authority to any of the Apostles?

Yes, Jesus gave the keys to the Kingdom of Heaven to St. Peter, telling him that whatever he declared loosed or bound on earth would be held loosed or bound in heaven.

70. Who is the Pope?

The Pope is the successor of St. Peter and the visible head of the entire Church.

71. What is the name of our present Pope?

The present Pope is Pope Francis

72. What are the Commandments of God?

The Commandments of God are the moral laws that God gave to all mankind through Moses on Mount Sinai in the Old Testament, and which Jesus Christ perfected in the New Testament.

73. How many Commandments are there?

Ten.

74. Recite the Ten Commandments of God (in order).

1. I am the Lord thy God. Thou shalt not have strange gods before Me.
2. Thou shalt not take the name of the Lord thy God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor thy father and thy mother.
5. Thou shalt not murder.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbor.
9. Thou shalt not covet thy neighbor's wife.
10. Thou shalt not covet thy neighbor's goods.

The manner of receiving the sacrament of Confirmation is:

- The Bishop will lead the candidates in the renewal of baptismal promises, and invoke the Holy Spirit.
- You will then stand before the Bishop, with your sponsor who places his/her right hand on your shoulder and announces your Confirmation name loudly.
- The Bishop will anoint your forehead with Chrism oil, saying: "[your Confirmation name], be sealed with the Gift of the Holy Spirit." You respond, "Amen"
- The Bishop will then say to you: "Peace be with you," you will respond, "And with your Spirit."

Prayers

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Our Father

Our Father, Who art in Heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary

Hail Mary full of grace! The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen

Blessing Before Meals

Bless us O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen

Prayer to My Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen

Act of Contrition

O my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all, because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. Amen

Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

The Prayer of Fatima

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

Prayer to the Holy Spirit

Come Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you will renew the face of the earth. Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us choose what is right and always rejoice in your consolation. We ask this through Christ our Lord. Amen

Hail Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, your eyes of mercy toward us; after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen